

Diocese of Broken Bay

Parish Priest: Fr Jim McKeon
Jim.McKeon@bbcatholic.org.au

Assistant Priest: Fr Aldrin Valdehueza
Aldrin.Valdehueza@bbcatholic.org.au

Our Lady Help of Christians'

31 Oxford Street, Epping

St Gerard Majella's

543 North Rocks Road, Carlingford

Phone

02 9876 2853

Website

eppcarl.org.au

Email

eppcarl@bbcatholic.org.au

Single Donation

Click here for:

[Weekend Mass Times](#)

[Weekday Mass Times](#)

[Exposition of the Blessed Sacrament](#)

[Sacrament of Reconciliation](#)



Readings

23 JUNE 2024

Job 38:1, 8-11

2 Corinthians 5:14-17

Mark 4:35-41

30 JUNE 2024

Wisdom 1:13-15; 2:23-24

2 Corinthians 8:7, 9, 13-15

Mark 5:21-24, 35-43



The Catholic Parish of Epping & Carlingford



YEAR B

23 JUNE 2024 TWELFTH SUNDAY IN ORDINARY TIME

30 JUNE 2024 THIRTEENTH SUNDAY IN ORDINARY TIME

Circle of Friends: The Circle of Friends ministry began during the covid lockdowns, when a team of volunteers began phoning parishioners on our parish database to stay in touch and check on their wellbeing. Some of the relationships made in that time have continued with regular phone calls to this day. We are now reinvigorating the ministry, with several new volunteers allowing us to call a greater number of people.



We recognise that loneliness continues without a lockdown for many people who have limited mobility or whose family and friends have moved away. So if you get a call from a friendly stranger in the coming weeks, please do answer it. Many of the calls will be to landlines as we don't have everyone's current mobile numbers.

A Circle of Friends volunteer will always identify themselves as being from the parish and will never ask you for money or financial details. Rather, they will ask how we can best support you in your faith life, which might include giving you a lift to Mass, a visit at home, or the sacraments of anointing and Communion brought to you at home. If you are in doubt, take their name and phone the parish office to verify them.

Why are we doing this now? Each year the Parish Pastoral Council identifies some pastoral priorities. Whilst youth and young families are almost always top of the list, this year we discerned the needs of older parishioners, and those who have previously been active in the parish but are no longer able to be active. We hope that the Circle of Friends ministry will be able to help us connect with them. We also look forward to recommencing a monthly Senior's Mass and lunch at OLHC, and to increasing the number of ministers taking Communion to the housebound.

~Fr Jim McKeon

End of Financial Year: Thank you for your generous giving during this financial year. Your planned giving envelopes are available to pick up from the back of the church, and of course credit card and direct debit donations continue unless you change them.

Receipts for your planned giving, which include the tax deductible donations made to the Pastoral Works Fund and Project Compassion will be available from the church in mid July, and those not picked up will be mailed by the end of July.



New Children's Ministries Volunteers: Thank you so much for volunteering. As this is a role which directly works with children, you would have received an Engagement Letter from Fr Jim outlining a number of safeguarding requirements to complete. We look forward to your completion of the safeguarding training!

PASTORAL WORKS APPEAL

PASTORAL
WORKS
Broken Bay

**“Connecting to
the Mission of Jesus Christ!”**

Pastoral Works Broken Bay is the very real expression of our Catholic charity in our neighbourhood as we are the hands and feet of Our Lord. Every year, your donations support two key ministries in our diocese. They are the Confraternity of Christian Doctrine (like Catechists that go out to schools) and Hospital Chaplaincy (like the work Fr Peter Dowd is doing). Your donations also contribute financially to St Lucy's School and St Edmund's College for students with disabilities and the Ephpheta Centre which supports the deaf community.

To manage this support each Parish is given a financial quota that we are committed to fulfil. Presently we have a **shortfall of \$10,035** against our required quota of \$54,488. Your assistance for this good work would be greatly appreciated.

You can give using the **Good Giving app** via this QR code which will send you a tax receipt immediately, or here: <https://www.bbcatholic.org.au/giving/pastoral-works-broken-bay> You can also take an envelope from the back of the church, and the parish will provide a tax receipt in July.



PARISH NEWS & NOTICES

Sip & Sew!

A CUP OF TEA, A SLICE OF CAKE AND SEWING BEE COMING UP!

New tables in our new meeting rooms at OLHC need new tablecloths. Could you help with sewing a simple hem or maybe an apron or two? It will make such a difference when we are welcoming people for a cup of tea or lunch or dinner!

Text Simone on 0414 753 799 or email Simone.Noel@bbcatholic.org.au I might not reply until the last week of July as I will be on leave but I will be ever so grateful and will get back to you on my return.

Are you a good judge of colour schemes? Would you be willing to help choose a table cloth fabric that matches our new meeting room and hall décor? Please let me know too.

~ Simone Noel

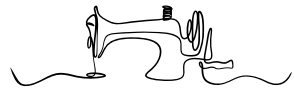
h A U h U h

Jesus opened his arms to little ones and OLHC KidzPlay is also gearing up to welcome preschoolers and their carers, Catholic or non-Catholic to a fun and warm environment. Generous parishioners have put up their hands to spend Thursday mornings playing! Hurray!

But... we need your help with **TOYS**... Do you have a kids' play kitchen you don't want? Have your kids or grandkids grown out of their small wooden pedal-free bikes? Do you have a wooden train set in the garage? Or a doll's house? Or some hats and accessories we can use for dress-ups? What about some Tonka Trucks... are they just taking up space in the family room? Any rolls of paper, paints, crayons or chalk crowding the cupboards? Why not reuse and recycle these by donating them to our parish?

Please consider parting with pre-loved items suitable for preschoolers.

Contact Simone by leaving a message on 0414 753 799 or at **Simone.Noel@bbcatholic.org.au** for pickup.



ALPHA COACHING DAY

2024

Alpha

Alpha Teams, and others who are interested in learning more about Alpha, are invited to join this Alpha Day Coaching, where you will be equipped to run Alpha in your parish.

The day will include setting the vision for and embedding Alpha in the parish, building a team, small group facilitation coaching, Alpha retreat coaching, promotion and invitation.

RSVP BY 19 JULY 2024



Register using QR code or go to:

<https://forms.gle/b15fcDgXqvUx5rEW8>

For more information contact tania.rimac@alpha.org.au



SATURDAY 27 JULY 2024
9.00 AM - 4.00PM

OUR LADY HELP OF CHRISTIANS
EPPING PARISH HALL
33 OXFORD ST EPPING NSW



Facilitated by
TANIA RIMAC
Alpha in a Catholic
Context Specialist

Parish Team

Parish Secretary

Marcella Letteri Ph: 9876 2853

Email: Marcella.Letteri@bbcatholic.org.au

Business Manager

Deacon Richard Houwing Ph: 9876 2853

Email: Richard.Houwing@bbcatholic.org.au

Facilities Manager - Epping

To be advised Ph: 9876 2853

Email: to be advised

Admin. Assistant

Michael Davies Ph: 9876 2853

Email: Michael.Davies@bbcatholic.org.au

Coordinator of Sacramental Programmes, Children's Ministries & Parish Communications

Lynn Siau Ph: 9876 2853

Email: Lynn.Siau@bbcatholic.org.au

Youth Ministry Coordinator

Joanna Mak Ph: 0404 710 588

Email: Joanna.Mak@bbcatholic.org.au

New Parishioner Engagement Coordinator - St Gerard's

Belinda Shi Ph: 0414 753 362

Email: Belinda.Shi@bbcatholic.org.au

Pastoral Worker - OLHC

Simone Noel Ph: 0414 753 799

Email: Simone.Noel@bbcatholic.org.au

New parish email address for general enquiries: eppcarl@bbcatholic.org.au

Please note parish@eppcarl.org.au will be obsolete.



St Vincent de Paul Society
good works

Employed, but Homeless - the New Face of Hardship



2024 Winter Appeal: Thank-you to everyone who donated so generously. You've still got time to make one last tax deductible donation. Please consider donating to the "Vinnie's Winter Appeal" to help the staggering number of people being forced into homelessness every single month in Australia, despite being employed. Donating is easy:

- Envelopes are available on the seats and at the entrance to the Church.
- You are invited to make your donation with the assistance of one of the members of SVDP at the entrance after Mass. They will also be able to accept card donations and provide a receipt straightaway.
- Alternatively donations can be made by completing the 'Vinnies Envelope' and placing it in the 'Second Collection Box'. We will mail the receipt to you.
- Please also note that at St Gerard Majella Carlingford you may make your donation at the 'Piety Store'.

Faith Formation Update: The group continues to meet for dinner and watch the **Metanoia** series. We just completed Episode 8: **Jesus' Power Over the Evil One**. Filmed at the Mount of Temptation and the Mount of Olives, Jerusalem, this captivating episode reminds us that the evil one is active in 3 areas: the world, the flesh, and the devil. However Jesus has given us power over evil. By resisting temptation and responding to grace, we share in Christ's victory over evil.



SACRAMENTAL PROGRAMME & CHILDREN'S MINISTRIES



FIRST EUCHARIST 2024

HUGE CONGRATULATIONS to the following children who will celebrate their First Eucharist with us this weekend the 22nd & 23rd June at **Our Lady Help of Christians**: Lucas Balingit, Jamie Bayogan, Sofia Brodowska-Nidelkos, Lauren Buhain, Skyler De Leon, Matthew FitzGerald, Chloe Forrest, Maryann George, Tommy Gill, Rian Jarred Hari, Rian Jarrod Hari, Patrick Hays, Greta Heher, Fiona Heijster, Eve Hodges, Jillian Lim, Mia Manganaro, Charbel Michael, Mark Mosende, Jonah Rhee, Benjamin Rixon, Isabelle Simone-Albornoz, Sebastian Stevens, Curtis Stevens and Richard Wong.

The parish would like to thank the parents and carers, our Parish School Principal at OLHC, Dominique O'Sullivan, teachers, catechists/volunteers who have helped support these children as they prepared for their First Eucharist. Thank-you also to our sacristans, servers, music ministry and hospitality team for the generosity of their time in making this journey smooth and memorable for the families!

2024 CONFIRMATION

For children in Year 3 & above who are baptised

Confirmation will be celebrated by Bishop Anthony at our parish this year on Saturday 7th September. Enrolment commences 1st July and closes 20th July. Please contact Lynn (details below) for more information.



- **Who:** ALL carers, parents, grandparents, babysitters with pre-school aged children are welcome!
- **Starting:** Thursday 5 September 2024
- **When:** 9:30am-11:30am Thursdays during term
- **Where:** OLHC Meeting Room, Oxford St, Epping
- **What:** morning tea for carers, reading, dancing, singing, craft and toys!

Contact Simone.Noel@bbcatholic.org.au or text 0414 753 799 for more details.



Here!

KIDZPLAY PLAYGROUP at OLHC

SAVE THE DATE!



Lynn Siau

Coordinator of Children's Ministries, Sacramental Programme & Parish Communications

Lynn.Siau@bbcatholic.org.au or phone Parish Office 9876 2853

COMMUNICATIONS

Article submission deadline: If you would like to submit an article from your ministry for inclusion in the next edition of our parish bulletin, please send it to Lynn.Siau@bbcatholic.org.au before **10am on Wednesday 3rd July 2024**. Kindly understand I am unable to accommodate late submissions. Please send in a Word document. Photos or graphics are acceptable in PNG or JPEG format. Please note that PDFs will have to be reformatted and the clarity of your notice will be compromised. Do provide an email address, a contact name and number in your article. Thank you.

Other ways to connect:



FACEBOOK



INSTAGRAM

eBulletin: If you know someone who would like to receive the electronic version of the bulletin, please forward this link for them to fill in via a desktop, the form on our website: bbcatholic.org.au/epping-carlingford/news-events/parish-newsletter

YOUTH MINISTRIES



Cana (Year 6-9): The Cana gatherings for the rest of Term 2 are **28th June and 5th July** at St Gerard's in the parish hall **7:30-9pm**. 5th July will be a movie and pizza night.

Please note: from Term 3, Cana will be held every fortnight instead of weekly.

Entrance to the premises is via 543 North Rocks Road, Carlingford.



Antioch (Year 10/16 year olds-23 year olds): Antioch will meet for the remainder of Term 2 on the **23rd, 30th June and 7th July, 6-8pm** at St Gerard's meeting room. All welcome!

Contact parent support if you have any questions: Cres & Lui Yparraguirre Mobile: 0449228514.



Emmaus young adults (23-30 year olds): On the **25th June and 2nd July**, Emmaus will join the parish for the faith series on Metanoia. Come along at **7pm** for free dinner, followed by a video and share groups. Meetings are in the parish hall instead of the meeting room.

Thank you!



From left: Kirk, Louise, Fr Jim, Lui & Cres

Thank you very much to our previous parent couple Louise and Kirk Koelmeyer. Antioch held a thank-you and farewell night for their commitment over the last 2+ years attending the Antioch meetings, planning the annual retreats and attending combined closings. We welcome our new parent couple, Cres and Lui Yparraguirre for 2024.



Joanna's Work Hours:

Please note my work hours are Mondays 6-9pm, Tuesdays 6-9pm, Wednesdays 6-9pm, Fridays 5-9pm and Sundays 4-9pm.

The Catholic Parish of Epping & Carlingford

Christmas in July Trivia

Date: 20th July, 2024
Sat 7-10pm

Location: St Gerard's Parish Hall
(543 North Rocks Rd, Carlingford)

Wear your festive Christmas outfits for a chance to win!

Cost: \$20 per person, pay on entry.

RSVP via the QR code or email
Joanna.Mak@bbcatholic.org.au

Please drop off any donations/gift cards, food that can be used as trivia prizes in a box at the back of the church or at the parish office. Thank you for your support!

For more information on any of our 3 youth groups and our Antioch and Emmaus social media pages, please contact our Youth Minister, Joanna Mak on 0404 710 588 or send her an email at Joanna.Mak@bbcatholic.org.au



IN THE FOOTSTEPS OF
MARY MACKILLOP

PILGRIMAGE
15th - 26th
October 2024

FIND OUT MORE PHONE: (02) 8912 4818
or EMAIL: national.pilgrimage@mmp.org.au
LINK: www.marymackillopplace.org.au



PARISH SOCIAL JUSTICE



Foundations of Community Organising: Foundations Training is an opportunity learn the tools of relational community organising, from one to one meetings, to table talks, to power analysis and action. It's an opportunity available to our parishioners as part of our membership of the Sydney Alliance www.sydneyalliance.org.au/.

The Alliance is a group of organisations (including our parish, Sydney Archdiocese, Jesuit Refugee Services and the St Vincent de Paul Society) who are concerned for social justice.

The next 2-day Foundations training will be on **Thursday 4 and Friday 5 July** hosted by SVDP at the Ozanam Learning Centre 99 Forbes Street, Woolloomooloo (a 15 min walk from Museum and St James Stations). Please register [here](https://events.humanitix.com/community-organising-foundations-training-jul-04-05-2024): <https://events.humanitix.com/community-organising-foundations-training-jul-04-05-2024> or use the QR code, and also let Fr Jim know. For further questions, please email chantelle@sydneyalliance.org.au



JESUIT REFUGEE SERVICE (PARRAMATTA)
WINTER APPEAL

**HELP REFUGEES
STAY WARM
THIS WINTER**



**JOIN OUR
BLANKET
DRIVE**

We have all been feeling the cold this last month - and in the midst of this cost-of-living crisis, many of the families we serve cannot afford the additional costs of heating their homes. Please help us keep refugees and people seeking asylum warm this winter, by donating new, unused blankets to our Foodbank.

BRIDGING THE DIGITAL DIVIDE:

WE ARE SEARCHING FOR COMPUTERS FOR REFUGEES AND PEOPLE SEEKING ASYLUM

How you can help



We are able to accept:

- Laptops up to 5 years old
- Macbooks up to 7 years old



We kindly ask you to wipe your machine and remove any passwords so we can provide it to the people we are working with even faster. Please make sure to include the charging cable and any other required accessories as necessary for the device.

If you have items to donate or questions, please email

John Whealy :

johnwwhealy@gmail.com



Collection

Please post devices to:
PO Box 522
Kings Cross NSW 1340



Contact

Tamana Mirzada
Employment Program Manager
tamana.mirzada@jrs.org.au

MORE PARISH NOTICES



50+++ TOUR OF ST MARY'S CATHEDRAL: Just a reminder. Tour booked for 10.30AM on Monday 24th June. Meet on Platform 5 Epping Station at 9.15AM. Reasonable amount of walking.

Tour includes Crypt, 40 steps involved (optional), lasts one and a half hours. Lunch in a venue to be decided, along Macquarie Street - Two nice choices! Six places remaining. You are most welcome to join us.

Contact Carole Wilson 9869 1036 carolewilson2816@gmail.com before this coming Monday 24th June.



You're Invited

New Epping Parish Hall,
Our Lady Help of Christians,
33 Oxford Street, Epping NSW

Friday 16 August, 7:00 PM - 9:30 PM

Alpha is an opportunity to explore life, faith and God in a friendly, open and informal environment.



Scan to register

Enquiries? Please Email
alpha@eppcarl.org.au



Enquiries? Please email
alpha@eppcarl.org.au

OUR CATECHIST WRITES ...

A T

"Let the children come to me, for the Kingdom of God belongs to such as these." Luke 18:16

Just over a year ago, I began teaching Year 6 students as a Catechist at West Epping Public School. The children's enthusiasm for learning about the Word of God invigorates me and strengthens my own faith.

Balancing this role with my job as a Lead IT engineer seemed impossible at first. Despite a busy schedule, I felt called to volunteer when I heard the church's request for new Catechists. I wondered if I could spare 30 minutes a week during lunch breaks whilst working from home instead of scrolling through social media during that time. Surely I could!

With the support of fellow Catechists and the comprehensive resources from CCD, Diocese of Broken Bay, I found my place. Their lesson plans and training sessions have been invaluable. Every lesson plan comes with extensive ideas for the sacred space and class engagement. The training sessions also cover all topics from student-teacher behaviour to religious knowledge that prepare us to spread the Good News.

Guided by the Holy Spirit, teaching these children has been immensely rewarding and has deepened my own faith. If you're seeking a fulfilling experience, join us in spreading the Good News to Jesus's most loved ones, the children.

For more information on becoming a Catechist, contact katherine@eppcarl.org.au for primary school, trish@eppcarl.org.au for secondary school, or call the Parish Office at 9876 2853.



OTHER NOTICES

Celebrations this Week

Ordinary Week 12

24 June Mon: THE NATIVITY OF ST JOHN THE BAPTIST

26 June Wed: St Josemaria Escriva

27 June Thur: *St Cyril of Alexandria*

28 June Fri: St Irenaeus

29 June Sat: STs PETER AND PAUL

Ordinary Week 13

3 July Wed: **St Thomas**

4 July Thur: *St Elizabeth of Portugal*

5 July Fri: *St Anthony Zaccaria*

6 July Sat: *St Maria Goretti*



SERRA VOCATIONS MASS AND DINNER MEETING

Fr Stephen Wayoyi will celebrate Mass for Serra at ***Our Lady of Dolours Church, Chatswood, on Thursday, 27th June 2024***. The evening starts with Mass at 6pm, followed by a

light meal and meeting. Fr Stephen and Michelle Chahine will give a Diocesan Vocations Update, and Fr Joey Frez will discuss Chatswood Parish's vocations activities. Everyone is welcome to learn about the Vocations Office and the progress of our nine seminarians. *Please pray daily for vocations to the priesthood, diaconate, the consecrated life, ecclesial women, all seminarians, and novices and for the perseverance of existing vocations.* For catering, contact Henry or Anna Leung at 0478 083 116 (henrywk@yahoo.com.au) or Terry Scanlan at 0438 887 295 (terry_scanlan@bigpond.com).

St Gerard's Dad's Club presents...

ST GERARD'S GIVES BACK

FRIDAY 28TH JUNE 2024
EPPING HOTEL - TRACKS NIGHT CLUB
DCB TO PLAY LIVE 6-9PM

COVER CHARGE \$10 - 100% OF THE PROCEEDS
GO TO RAISING MONEY FOR 'MAKE A WISH FOUNDATION
AND RONALD MCDONALD HOUSE.

EVERYONE OVER 18 WELCOME!



12th Sunday in Ordinary Time - 23 June 2024

Ps 106:23-26, 28-31 Response: Give thanks to the Lord, his love is everlasting.

Gospel Acclamation: Alleluia, Alleluia!

A great prophet has appeared among us; God has visited his people.

WEEKEND MASSES

Epping	5:00pm Vigil, 8:30am, 10:15am and 7:00pm (Youth)
Carlingford	6:00pm Vigil, 7:45am, 9:30am (Family/Children) and 5:00pm (Youth)

WEEKDAY MASSES

	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	
EPPING	-	6:00pm	-	-	-	8:00am	
CARLINGFORD	9:30am	-	9:30am	9:30am	9:30am	-	

EXPOSITION OF THE EUCHARIST: Epping Tuesday 5:00-6:00pm and Saturday 8:30-9:00am
Carlingford Thursday 10-10:30am

SACRAMENT OF RECONCILIATION: Epping Tuesday 5:00-6:00pm and Saturday 8:30-9:00am
Carlingford Thursday 10-10:30am and Saturday 5:15-5:45pm, **OR BY APPOINTMENT at either church**

BAPTISMS AND WEDDINGS: BY APPOINTMENT

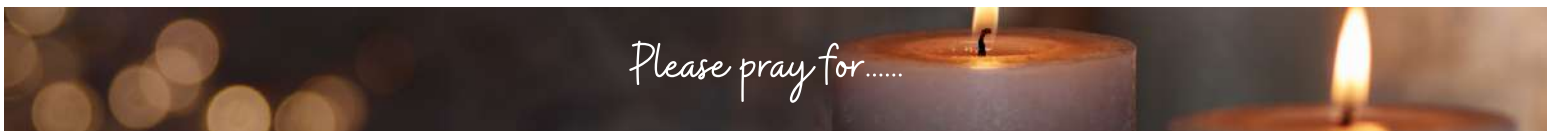
POSTAL ADDRESS FOR THE PARISH OFFICE: PO Box 369, Epping NSW 1710

ST GERARD'S PRIMARY SCHOOL: PH - 7256 2140 Email - sgc@dbb.catholic.edu.au

OUR LADY HELP OF CHRISTIANS' PRIMARY SCHOOL: PH - 9868 3322 Email - olhc@dbb.catholic.edu.au



Healing Mass: 1st Tuesday of the month, 10am at St Gerard's Meeting Room, Carlingford



For those who are sick and suffering (new requests):

- Elaine Finlayson (Marie Saul's sister)
- Sister Rosalia Carlon (Marie Saul's sister)
- Elizabeth Barton
- Estelle Moses
- Elena Green
- Pat Booth
- Maria Fong (Goretti's mother-in-law)
- Anita Hoffman



Our parish Prayer Ministry also has a private group on Facebook where you can post your requests directly or email us to do so. Please feel free to join this private group if you would like to pray for someone or for your own intentions: <https://www.facebook.com/groups/2660800900909668> or via QR code on the right.



Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to: Recently deceased - Maria Vu (mother of Deacon Hien), Mary Cullen, Deborah Bryant, John McEneaney (brother of Helen Barry & Betty Hillier), Horace Falzon

Anniversaries - Megan Barnett (Anne Kilby's daughter), Emmalea Jane Gavin (Margaret Coonan's granddaughter), Gan Chin Joo (Lynn Siau's father), Frank Cavaleri (Marcella Letteri's uncle)

"Heavenly Father, I lift up my broken heart to you in this time of loss. Fill me with your peace that is beyond all understanding, and help me to trust in you, even when it feels unbearable. Comfort me and everyone who is mourning, and may we feel your love surrounding us right now. In Jesus' name, Amen."

IN LOVING MEMORY OF
Maria Vu
Mother of Deacon Hien

Please join us to remember and celebrate a life well-lived.

Mass at 9:30am Wednesday 26th June 2024 at Hornsby Cathedral Parish

Followed by light refreshments

13th Sunday in Ordinary Time - 30 June 2024

Ps 29:2, 4-6, 11-13 Response: I will praise you, Lord, for you have rescued me.

Gospel Acclamation: Alleluia, Alleluia!

Our Saviour Jesus Christ has done away with death and brought us life through his gospel.